

Dear Families/Caregivers,

Understanding how the brain processes information helps students take control of their learning. Having strategies to use to take in information also helps students become better learners.

Good questions and curiosity help us to be lifelong learners. We can **ASK** quality questions when we:

- **Activate our curiosity**
- **Shape the question**
- **Keep asking questions**

You can inspire curiosity in your teen by:

- Planning a trip to a new place and giving your teen the opportunity to ask you questions about where you are going and what you will be doing.
- Watch a documentary with your teen and discuss it with him or her following the film. If he or she has questions that you don't know the answer to, look it up together and have fun learning something new.
- Take your teen to a lecture or public meeting. Give your teen the opportunity to ask you questions and if appropriate, allow your teen to ask questions at the meeting.
- If your teen is confused about something at school, encourage him or her to talk to his or her teacher and ask questions.