

Dear Families/Caregivers,

In order to develop social awareness, students must understand that all actions have consequences and their actions and consequences can, and often do, affect others.

In this lesson students learned to evaluate the consequences of their actions. They learned some strategies to help them choose actions that lead to more positive consequences. These strategies include:

- **Stop and Think**  
Think about the consequences of the action.
- **Consider the Consequences**  
Think about how the other person might feel. Think about the risks. Weigh the pros and cons of the action.
- **Make the Best Possible Choice**  
Choose the action that is most likely to result in the best consequence.

Even when we think about our actions and consequences, we sometimes make mistakes. Students were taught that when a mistake is made to admit the mistake and apologize if your action affected another person.

Help your teen consider his or her actions and consequences by calling attention to some actions and consequences throughout the day. Learning that actions have consequences helps teens think about the consequences before they act, often resulting in better choices.